Menu Listing with Traffic Lights and Allergens

sarah.rowe@educatering.uk

Malborough Primary September 26 Week 2 Day 2

Legend

- ✔ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Devon Beef Chilli	660.8	NONE 157.9	NONE 8.7	NONE 3.5	NONE 7.5														
Primary Vegan Mince & Vegetable Mild Chilli	456.0	NONE 109.0	NONE 3.4	NONE 0.4	NONE 10.1														✔
Primary White & Wholegrain Rice	696.6	NONE 166.5	NONE 1.4	NONE 0.4	NONE 35.4														
Primary Sweetcorn	195.8	NONE 46.8	NONE 1.1	NONE 0.2	NONE 6.6														
Primary Apple Crumble & Custard	934.1	NONE 223.3	NONE 8.2	NONE 3.4	NONE 33.8		✔					✔							?
Primary Jacket Potato with Beans & Salad	977.5	NONE 233.6	NONE 0.8	NONE 0.0	NONE 49.9														

Contains: Barley, Oats, Wheat.

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Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Jacket Potato with Cheese & Salad	1271.2	NONE 303.8	NONE 9.5	NONE 4.5	NONE 45.9								✔							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1329.8	NONE 317.8	NONE 9.0	NONE 0.8	NONE 44.5					✔	✔									
Primary Tortilla Chips	300.0	NONE 71.7	NONE 3.2	NONE 0.4	NONE 9.5															
Primary Half Cheese Panini	885.1	NONE 211.6	NONE 6.6	NONE 3.7	NONE 28.9	**Contains:** Wheat.		✔		?			✔					?		
Primary Half Devon Ham Panini	712.1	NONE 170.2	NONE 2.7	NONE 0.7	NONE 28.4	**Contains:** Wheat.		✔		?								?		
Primary Half Tuna Panini (No Cheese)	796.4	NONE 190.4	NONE 1.5	NONE 0.3	NONE 28.4	**Contains:** Wheat.		✔		?	✔							?		
Primary Strawberry Yoghurt (5L Pot)	298.1	NONE 71.3	NONE 0.4	NONE 0.1	NONE 12.1								✔							

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya

Malborough Primary September 26 Week 2 Day 1

Legend

- ✔ Contains
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Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Crunchy Topped Macaroni Cheese	1548.0	NONE 370.0	NONE 13.5	NONE 6.2	NONE 48.4	**Contains:** Wheat.		✔					✔		✔					?
Primary Vegetable & Mixed Bean Lasagne	924.1	NONE 220.9	NONE 9.3	NONE 3.0	NONE 25.5	**Contains:** Wheat.		✔					✔		✔				✔	?
Primary Homemade Focaccia Bread	323.6	NONE 77.4	NONE 1.1	NONE 0.1	NONE 14.2	**Contains:** Wheat.		✔												?
Primary Fresh Chopped Salad	34.9	NONE 8.3	NONE 0.1	NONE 0.0	NONE 1.4															
Primary Peas	148.1	NONE 35.4	NONE 0.5	NONE 0.1	NONE 3.2															
Primary Fresh Fruit Salad	205.0	NONE 49.0	NONE 0.2	NONE 0.0	NONE 11.9															
Primary Jacket Potato with Beans & Salad																				

Menu Listing with Traffic Lights and Allergens

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Malborough Primary September 26 Week 2 Day 1

Legend

- ✔ Contains
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Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
	977.5	NONE 233.6	NONE 0.8	NONE 0.0	NONE 49.9															
Primary Jacket Potato with Cheese & Salad	1271.2	NONE 303.8	NONE 9.5	NONE 4.5	NONE 45.9								✔							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1329.8	NONE 317.8	NONE 9.0	NONE 0.8	NONE 44.5					✔	✔									
Primary Half Cheese Panini	885.1	NONE 211.6	NONE 6.6	NONE 3.7	NONE 28.9	**Contains:** Wheat.		✔		?			✔					?		
Primary Half Devon Ham Panini	712.1	NONE 170.2	NONE 2.7	NONE 0.7	NONE 28.4	**Contains:** Wheat.		✔		?								?		
Primary Half Tuna Panini (No Cheese)	796.4	NONE 190.4	NONE 1.5	NONE 0.3	NONE 28.4	**Contains:** Wheat.		✔		?	✔							?		
Primary Strawberry Yoghurt (5L Pot)	298.1	NONE 71.3	NONE 0.4	NONE 0.1	NONE 12.1								✔							

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Malborough Primary September 26 Week 2 Day 1

Legend

- ✔ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya

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Malborough Primary September 26 Week 2 Day 3

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Roast Chicken & Gravy	342.6	NONE 81.9	NONE 0.8	NONE 0.2	NONE 1.7															
Primary Broccoli, Mixed Bean & Cauliflower Bake	968.7	NONE 231.5	NONE 14.1	NONE 6.4	NONE 15.2	**Contains:** Wheat.		✔					✔		✔					?
Primary Roast Potatoes (Prepped)	502.1	NONE 120.0	NONE 5.2	NONE 0.4	NONE 17.2														✔	
Primary Fine Green Beans	85.4	NONE 20.4	NONE 0.1	NONE 0.0	NONE 2.6															
Primary Homemade Jammie Dodger	1047.3	NONE 250.3	NONE 12.2	NONE 5.0	NONE 32.2	**Contains:** Wheat.		✔		?										?
Primary Jacket Potato with Beans & Salad	977.5	NONE 233.6	NONE 0.8	NONE 0.0	NONE 49.9															
Primary Jacket Potato with Cheese & Salad													✔							

Malborough Primary September 26 Week 2 Day 3

Legend

- ✔ Contains
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- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
	1271.2	NONE 303.8	NONE 9.5	NONE 4.5	NONE 45.9															
Primary Jacket Potato with Tuna Mayonnaise & Salad	1329.8	NONE 317.8	NONE 9.0	NONE 0.8	NONE 44.5					✔	✔									
Primary Roasted Root Vegetables (Hand Cut)	173.8	NONE 41.5	NONE 2.8	NONE 0.2	NONE 3.9															
Primary Half Cheese Panini	885.1	NONE 211.6	NONE 6.6	NONE 3.7	NONE 28.9	**Contains:** Wheat.		✔		?			✔					?		
Primary Half Devon Ham Panini	712.1	NONE 170.2	NONE 2.7	NONE 0.7	NONE 28.4	**Contains:** Wheat.		✔		?								?		
Primary Half Tuna Panini (No Cheese)	796.4	NONE 190.4	NONE 1.5	NONE 0.3	NONE 28.4	**Contains:** Wheat.		✔		?	✔							?		
Primary Strawberry Yoghurt (5L Pot)	298.1	NONE 71.3	NONE 0.4	NONE 0.1	NONE 12.1								✔							

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Malborough Primary September 26 Week 2 Day 3

Legend

- ✔ Contains
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- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya

Malborough Primary September 26 Week 2 Day 4

Legend

- ✔ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary West Country Brunch	1690.4	NONE 404.0	NONE 22.4	NONE 6.7	NONE 30.5														✔	
Primary Vegetarian Brunch	1194.8	NONE 285.6	NONE 10.6	NONE 2.0	NONE 31.7	**Contains:** Wheat.		✔												
Primary Cupcake with Buttercream	1507.2	NONE 360.2	NONE 18.7	NONE 7.5	NONE 45.8	**Contains:** Wheat.		✔		✔			✔							?
Primary Jacket Potato with Beans & Salad	977.5	NONE 233.6	NONE 0.8	NONE 0.0	NONE 49.9															
Primary Jacket Potato with Cheese & Salad	1271.2	NONE 303.8	NONE 9.5	NONE 4.5	NONE 45.9								✔							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1329.8	NONE 317.8	NONE 9.0	NONE 0.8	NONE 44.5					✔	✔									
Primary Half Cheese Panini								✔		?			✔					?		

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Malborough Primary September 26 Week 2 Day 4

Legend

- ✔ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
	885.1	NONE 211.6	NONE 6.6	NONE 3.7	NONE 28.9	**Contains:** Wheat.														
Primary Half Devon Ham Panini	712.1	NONE 170.2	NONE 2.7	NONE 0.7	NONE 28.4	**Contains:** Wheat.		✔		?								?		
Primary Half Tuna Panini (No Cheese)	796.4	NONE 190.4	NONE 1.5	NONE 0.3	NONE 28.4	**Contains:** Wheat.		✔		?	✔							?		
Primary Strawberry Yoghurt (5L Pot)	298.1	NONE 71.3	NONE 0.4	NONE 0.1	NONE 12.1								✔							

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Malborough Primary September 26 Week 2 Day 5

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Chicken Bites x 3 (Bought in)	451.9	NONE 108.0	NONE 3.2	NONE 1.3	NONE 7.9	**Contains:** Wheat.		✔												
Primary Vegetable Nuggets	494.6	NONE 118.2	NONE 5.5	NONE 0.5	NONE 14.4	**Contains:** Wheat.		✔												
Primary Chips	502.1	NONE 120.0	NONE 2.5	NONE 1.3	NONE 20.0															
Primary Peas	148.1	NONE 35.4	NONE 0.5	NONE 0.1	NONE 3.2															
Primary Ice Cream & Fruit	283.7	NONE 67.8	NONE 2.2	NONE 1.1	NONE 11.3								✔							
Primary Jacket Potato with Beans & Salad	977.5	NONE 233.6	NONE 0.8	NONE 0.0	NONE 49.9															
Primary Jacket Potato with Cheese & Salad													✔							

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Malborough Primary September 26 Week 2 Day 5

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
	1271.2	NONE 303.8	NONE 9.5	NONE 4.5	NONE 45.9															
Primary Jacket Potato with Tuna Mayonnaise & Salad	1329.8	NONE 317.8	NONE 9.0	NONE 0.8	NONE 44.5					✔	✔									
Primary Salmon Fingers	894.3	NONE 213.8	NONE 14.3	NONE 1.7	NONE 12.8	**Contains:** Wheat.		✔			✔									
Primary Half Cheese Panini	885.1	NONE 211.6	NONE 6.6	NONE 3.7	NONE 28.9	**Contains:** Wheat.		✔		?			✔					?		
Primary Half Devon Ham Panini	712.1	NONE 170.2	NONE 2.7	NONE 0.7	NONE 28.4	**Contains:** Wheat.		✔		?								?		
Primary Half Tuna Panini (No Cheese)	796.4	NONE 190.4	NONE 1.5	NONE 0.3	NONE 28.4	**Contains:** Wheat.		✔		?	✔							?		
Primary Fresh Chopped Salad	34.9	NONE 8.3	NONE 0.1	NONE 0.0	NONE 1.4															

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Strawberry Yoghurt (5L Pot)	298.1	NONE **71.3**	NONE **0.4**	NONE **0.1**	NONE **12.1**							✔							