

FRESH FRUIT  
& YOGHURT  
SERVED DAILY

# AUTUMN MENU

*Week one*

*Pick a*  
**MAIN**

*Pick a*  
**MEAT-FREE  
MAIN**

*Pick a*  
**JACKET  
POTATO**

*Pick a*  
**PANINI**

*Pick a*  
**DESSERT**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN</b>	Chipolata Sausages with Mash, Onion Gravy, Peas and Carrots	Beef Lasagne with Focaccia and Salad Sticks	Roast Chicken with Roast Potatoes, Gravy, Carrots and Cabbage	Chicken Katsu Curry with Rice and Naan	Breaded Fish or Chicken Bites with Chips and Sweetcorn or Beans
<b>MEAT-FREE MAIN</b>	Vegetarian Sausage with Mash, Carrots, Peas and Gravy	Cheesy Wheels with Pasta and Sweetcorn	Yorkshire Pudding Vegetable Cottage Pie with Roast Potatoes, Seasonal Vegetables and Gravy	Macaroni Cheese with Crusty Roll and Peas	Sweet Potato and Chickpea Cake with Chips and Sweetcorn or Beans
<b>JACKET POTATO</b>	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
<b>PANINI</b>	Cheese	Ham	Cheese and Ham	Cheese	Tuna and Cheese
<b>DESSERT</b>	Apple Crumble and Custard	Banana Cake	Fruit Platter	Orange Drizzle Cake	Chocolate Cookie



We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

FRESH FRUIT  
& YOGHURT  
SERVED DAILY

# AUTUMN MENU

*Week two*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Pick a</i> <b>MAIN</b>	Meatballs and Tomato Sauce with Pasta, Focaccia and Salad Sticks	Creamy Chicken and Pesto Pasta Bake with Crusty Roll and Vegetables	Roast Gammon with Roast Potatoes, Gravy, Carrots and Cabbage	British Brunch Sausage, Bacon, Hash Brown and Baked Beans	Fish Fingers or Chicken Bites with Chips and Peas
<i>Pick a</i> <b>MEAT-FREE MAIN</b>	Tomato and Vegetable Pasta Bake with Focaccia and Salad Sticks	Margherita Pizza with Wedges and Vegetables	Cauliflower Cheese with Roast Potatoes, Gravy, Carrots and Cabbage	Vegetarian Brunch Quorn Sausage, Grilled Tomato, Hash Brown and Baked Beans	Vegetable Nuggets with Chips and Peas
<i>Pick a</i> <b>JACKET POTATO</b>	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
<i>Pick a</i> <b>PANINI</b>	Cheese	Ham	Cheese and Ham	Cheese	Tuna and Cheese
<i>Pick a</i> <b>DESSERT</b>	Carrot and Courgette Chocolate Brownie	Raspberry Muffin	Fruit Platter	Sticky Toffee Pudding	Lemon Shortbread



We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

FRESH FRUIT  
& YOGHURT  
SERVED DAILY

# AUTUMN MENU

*Week three*

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Pick a</i> <b>MAIN</b>	Pepperoni Pizza with Pasta and Sweetcorn or Beans	Hot Dog with Wedges and Salad Sticks	Roast Chicken with Roast Potatoes, Gravy, Carrots and Cabbage	Beef Bolognaise with Garlic Focaccia, Carrots and Cabbage	Chicken Bites or Salmon Fingers with Chips and Beans or Peas
<i>Pick a</i> <b>MEAT-FREE MAIN</b>	Vegetable Chilli with Rice and Peas	Roasted Vegetable and Mozzarella Tart with Wedges and Salad Sticks	Vegetarian Toad in the Hole with Roast Potatoes, Gravy, Carrots and Cabbage	Veggie Enchilada with Rice	Vegetable Sausage Roll with Chips and Salad Sticks
<i>Pick a</i> <b>JACKET POTATO</b>	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
<i>Pick a</i> <b>PANINI</b>	Cheese	Ham	Cheese and Ham	Cheese	Tuna and Cheese
<i>Pick a</i> <b>DESSERT</b>	Fruity Flapjack	Carrot Cake	Jelly and Fruit	Fruit Platter	Custard Cookie



We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.